

# First annual meeting – Food and Nutrition Network

## PROGRAMME

March 24<sup>th</sup> 2020, from 12.00-16.00

Eduard Biermann auditorium, Lakeside Lecture Theatre, Aarhus University, Bartholins Allé 3, 8000 Aarhus C

---

- 12.00**      **Sandwich**
- 12.30**      **Introduction** Lene Baad-Hansen, vice chairman of the steering committee and associate professor at Department of Dentistry and Oral Health
- DiRECT – a new paradigm for type 2 diabetes and its management** Professor Mike Lean, School of Medicine, Dentistry & Nursing, University of Glasgow
- Can nutritional changes reduce obesity in children?** Jens Meldgaard Bruun, Professor, Department of Clinical Medicine, Aarhus University and Steno Diabetes Center Aarhus
- 13.45**      **Coffee and posters**
- 14.30**      **Health & Nutrition from a food and consumer perspective** Michelle Williams, Head of Department, Department of Food Science, Faculty of Technical Sciences
- Oral presentations** Selected from submitted abstracts
- 15.45**      **Closing remarks**

### About Mike Lean

Mike Lean is Professor at School of Medicine, Dentistry & Nursing, University of Glasgow. He holds the chair of Human Nutrition, based at Glasgow Royal Infirmary, where he is also a consultant physician with NHS responsibilities for an acute medical ward and emergency receiving duties.

DiRECT is a research study investigating whether offering an intensive programme for weight loss and weight loss maintenance would be advantageous for people with Type 2 diabetes. Specifically, this programme aims to increase the number of people who can become non-diabetic. Further info at: [www.directclinicaltrial.org.uk/](http://www.directclinicaltrial.org.uk/)

### Registration

At <https://events.au.dk/foodnutritionnetworkannualmeeting>. Deadline March 12<sup>th</sup>.